

ONLINE MEETINGS

Sun 8:30AM Misfits Everyday JFT, Meeting Opens from 8.15 Zoom ID: 846 1811 8647 Passcode = nzna, **(VM)**

Sun 9:00AM NA New Zealand Marathon (15 hours everyday), Open 9am - 12am everyday., **(VM)** Zoom ID: 343 017 388

Sun 10:10AM Conscious Contact - Wellington, Zoom ID: 843 226 21504, Passcode: nzna, **(C,VM)**

Sun 8:00PM Wellington Men's Group Sunday Night Zoom Meeting, Room opens at 7.45pm all welcome from the rōpū. Passcode = nzna, **(M,VM)** Zoom ID: 99538033732

Mon 8:30AM Misfits Everyday JFT, Meeting Opens from 8.15 Zoom ID: 846 1811 8647 Passcode = nzna, **(VM)**

Mon 9:00AM NA New Zealand Marathon (15 hours everyday), Open 9am - 12am everyday., **(VM)** Zoom ID: 343 017 388

Mon 11:00AM Baby Steps/Parents in Recovery, Zoom ID: 214 932 5476, **(VM)**

Mon 5:30PM The Gift of Silence Meditation Meeting, Passcode: nzna, **(ME,VM)** Zoom ID: 87964589444

Mon 7:00PM Thames NA, Zoom ID: 732 288 8564 Passcode: MondayNA, **(VM)**

Tue 8:30AM Misfits Everyday JFT, Meeting Opens from 8.15 Zoom ID: 846 1811 8647 Passcode = nzna, **(VM)**

Tue 9:00AM NA New Zealand Marathon (15 hours everyday), Open 9am - 12am everyday., **(VM)** Zoom ID: 343 017 388

Tue 7:30PM Wanaka Just For Today, Online meeting only. Passcode: nzna, **(C,VM)** Zoom ID: 91506676631

Wed 8:30AM Misfits Everyday JFT, Meeting Opens from 8.15 Zoom ID: 846 1811 8647 Passcode = nzna, **(VM)**

Wed 9:00AM NA New Zealand Marathon (15 hours everyday), Open 9am - 12am everyday., **(VM)** Zoom ID: 343 017 388

Wed 11:00AM Baby Steps/Parents in Recovery, Zoom ID: 214 932 5476, **(VM)**

Wed 8:00PM SOUL Sisters (Womans Meeting), Zoom ID: 881 220 12216 Passcode = nzna, **(W,VM)**

Wed 9:00PM Wednesday Night Raw, Zoom ID: 851 1597 5844 Passcode = nzna, **(VM)**

Thu 8:30AM Misfits Everyday JFT, Meeting Opens from 8.15 Zoom ID: 846 1811 8647 Passcode = nzna, **(VM)**

Thu 9:00AM NA New Zealand Marathon (15 hours everyday), Open 9am - 12am everyday., **(VM)** Zoom ID: 343 017 388

Thu 7:00PM Rainbow Recovery LGBTQIA+, passcode = nzna, **(GL,VM)** Zoom ID: 175 082 033

Thu 7:00PM Serenity Sisters - Tauranga, Passcode = nzna Zoom ID: 853 7434 0307, **(W,VM)**

Thu 7:00PM Writing to Freedom Aotearoa, We have 30 minutes of step writing time (whatever step you are on). Then 30 minutes to discuss our discoveries! - Zoom ID: 851 8726 6777 Passcode: nzna, **(C,St,VM)**

Thu 9:00PM Everyone Welcome - Christchurch, Passcode = nzna, **(VM)** Zoom ID: 8340 318 0080

Fri 7:30AM Thank God It's Friday, Passcode = nzna, **(VM)** Zoom ID: 661 366 449

Fri 8:30AM Misfits Everyday JFT, Meeting Opens from 8.15 Zoom ID: 846 1811 8647 Passcode = nzna, **(VM)**

Fri 9:00AM NA New Zealand Marathon (15 hours everyday), Open 9am - 12am everyday., **(VM)** Zoom ID: 343 017 388

Fri 11:00AM Baby Steps/Parents in Recovery, Zoom ID: 214 932 5476, **(VM)**

Fri 7:30PM Heart of the Hauraki - Ngatea, Passcode = nzna, **(VM)** Zoom ID: 830 3846 7425

Sat 8:30AM Misfits Everyday JFT, Meeting Opens from 8.15 Zoom ID: 846 1811 8647 Passcode = nzna, **(VM)**

Sat 9:00AM NA New Zealand Marathon (15 hours everyday), Open 9am - 12am everyday., **(VM)** Zoom ID: 343 017 388

Sat 10:30AM Living Clean, The Journey Continues, **(BK,VM)** Zoom ID 889 1907 0609, Passcode: nzna

Sat 8:30PM Baby Steps/Parents in Recovery, Zoom ID: 214 932 5476, **(VM)**

AUCKLAND

Mon 7:00AM Early Opener, Freemans Bay Community Centre, Long Room, Passcode = nzna, 52 Hepburn Street, Freemans Bay **(WC,VM)** Zoom ID: 819 989 60349

Mon 7:00PM Topic, Ponsonby Baptist Church Hall, Passcode = Topic, 43 Jerovis Road, Ponsonby **(To,WC,HY)** Zoom ID: 841 6324 6355 (75 mins)

NEW PLYMOUTH / TARANAKI

Mon 6:30PM HWA - Helping Willing Addicts, The Assembly of God Church, 192 High Street, Hāwera, South Taranaki, **(WC,HY)** Zoom ID: 87210173446; Passcode: nzna

HOROWHENUA / KAPITI / WAIRARAPA

Sun 7:00PM Featherston Firelit, Community Centre, 14 Wakefield Street, Rimutaka Hill **(WC,HY)** Zoom ID: 857 686 43896; must join the Zoom meeting in the first 20 mins, will be locked after that.

Meeting Format Legend

C	Closed	GL	Gay/Lesbian/Transgender
M	Men	St	Step
To	Topic	W	Women
WC	Wheelchair	BK	Book Study
ME	Meditation	VM	Virtual Meeting
HY	Hybrid meeting		



AOTEAROA NZ REGION ONLINE MEETINGS LIST (ZOOM AND HYBRID)

24 April 2026

Free 24 Hour Helpline
NA TODAY (0800 628 632)

Our message is simply that any addict can stop using drugs, lose the desire to use, and find a new way to live. Meetings are weekly including public holidays and are 60 minutes long unless noted.

Open NA meetings may be attended by anyone, although we ask that visitors not share. All meetings are Open unless marked Closed (are only for NA Members and anyone who thinks they have a drug problem).

Meeting updates:

<https://www.nzna.org> & lists@nzna.org

Literature orders:

<https://www.nzna.org/fso>

Some NA literature:

<https://nzna.org/online-na-literature>